

NoKOP SUNDAY +

'No KIDS OR PARENTS SUNDAY PLUS' RUN

14th. March, 2010

Last year Ann and I organised an **unofficial** run for people like ourselves who don't have children or who haven't mothers still with us with whom to celebrate Mothers' Day and who don't want to feel left out at this time of celebration.

This proved to be a popular, fun-filled event and we've been asked to organise a similar run again. Those with parents and kids are naturally most welcome too, as are our friends.

An Outline of the Day's Programme

Meet for **departure** at 10.30 a.m. **prompt** Homebase car park, Newcastle

Alternative Meet **depart** at 10.45 a.m. **prompt** Eccleshall – Stone Road car park

Before & after noon Coffee stops: places of interest

2.30 pm **Late Lunch** at a fine country inn.
We will have our own reserved dining area and the inn will be staying open beyond its normal hours to accommodate us.*
(E.g. Roasts, steak & ale pie, £7.50)

***Confirmed numbers for people dining is essential and they will be needed by 5th. March at the very latest or places cannot be guaranteed.
(An answer phone is always on number given below.)**

'Certificates of Completion'
will be presented.

Hope you'll join us,

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